



Women's Self-Concept Has a Dual Role in Career and Household

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ARTICLE INFO

Keywords:

Career,
Dual Role,
Gender,
Household,
Self-concept.

Article history:

Received Mar 24, 2024;
Revised Mar 26, 2024;
Accepted Apr 02, 2024;
Online Apr 30, 2024.

ABSTRACT

Self-concept is a person's image of knowing themselves, which is a combination of beliefs about their physical, psychological, social, emotional, aspirations and achievements. Women with dual roles in career and household have different self-concepts according to the meaning they receive from their environment. The research method uses a qualitative approach. The research results concluded that a career woman means a woman who has a job and is financially independent, whether working for someone else or having her own business, who has a self-concept as a smart woman and a modern woman. Career women even try to prove that they are capable of carrying out their duties well and being successful in their careers. Meanwhile, women's roles in the family are divided into three, namely: as wife, mother and child, all of which require duties and responsibilities in accordance with their roles. The position of women in the family and society needs to be maintained and improved so that they can make the greatest contribution to national development by paying attention to their nature and dignity. As a wife, a woman plays a role in serving her husband, fulfilling her obligations towards her husband because behind a great man (husband) there is a great woman (wife) too. A girl child has an equal position with a boy so parents should provide the broadest possible education.

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1. Introduction

Equal rights for women and men to obtain education and work will have implications for the order of life, both personal and family (Afriyani, 2021). The phenomenon of women in the modern era who are required to be completely independent, not dependent only on their husbands, has occurred since ancient times, where women in ancient times were taught to be independent with their work in the domestic sector (household), which at that time it was considered to contain higher life values. Ancient women who devoted themselves to domestic

life by keeping themselves busy at home were considered more noble than women who chose to look for other activities or work outside the home (Mustaqim, 2022; F. Soleman et al., 2022).

Women or wives who work to help the family economy, which should be the responsibility of men or husbands, are permissible in Islam as long as the husband allows it. Wives who have careers have a real role economically in meeting family needs and improving social status (Ayu, 2022). However, in reality, in this modern era, quite a few women are successful in their careers, causing a breakdown in household harmony. In fact, it is not uncommon for women who feel they already have a successful career, no longer need a man as a life partner, so they choose to leave their husbands or not marry (Hamdani & Arsyad, 2022).

Regardless of the factors, women who have careers, especially if they are married, will automatically have a dual role because apart from their role in the family, these women also play a role in the career they pursue (Ananda et al., 2021). Every woman should ideally be able to carry out all roles well, but this is not an easy thing. Many women in dual roles admit that it is operationally difficult to divide their time between household and career matters. It is not uncommon for women in multiple roles to experience half-hearted success in each role or only succeed in one role and the other role is secondary or even neglected (Widiyanto & Sanusi, 2021).

In some cases, women often experience tension or difficulty in carrying out the dual roles they assume, namely as housewife and breadwinner. Dual role conflict generally occurs when family responsibilities clash with a person's work responsibilities, for example, when women have to attend meetings at their children's school, they have to ignore their work obligations (Zheng et al., 2020). Women who have careers are considered to have heavier burdens and obstacles because they first have to deal with family matters - husband, children and other matters relating to household matters. Apart from that, busy working hours and work demands can make it difficult for women to fulfill family demands and conversely, excessive family demands can hinder fulfilling work needs. Therefore, in this case women need intelligence in managing the dual roles they play (Bani et al., 2021).

There are many problems experienced by women who are married but still have busy lives (careers) outside the home, starting from how to manage time with their husband and children, or completing their work tasks at the office. Although many claim to be able to divide their time well between career and household, success between career and household are two very different things (Reflianto & Wandu, 2019). The dual role of career women and housewives often creates conflict for career women, so that women often have to choose between a career and a household (Putri & Rahmawati, 2021; Samsidar, 2019). There are those who can enjoy this dual role, but there are also quite a few who find it difficult to carry out, causing complex problems in everyday life, leading to divorce, disharmony in the household, and even damage to the careers they have built.

Zuhdi (2019) explained that the dual role taken by women in the public sphere is a shift due to technological developments with several accompanying reasons related to the economy in the family, as well as to utilize their functions as complete human beings without any discrimination for women. The dual role of women in contemporary society has also been discussed in the research of Tyagi et al., (2021) which concluded that dual roles on the one hand help women to enter a wider life and free them from the exclusivity of domesticity, on the other hand eliminating intimate primary relationships with them. The position of career women in the public sphere was even discussed in Muamar (2019) research which examined Islamic law regarding the activities of career women in the public sphere. Meanwhile, research conducted by Rahayu et al., (2020) states that the multiple role conflicts faced by women in their household matters can cause stress for women in the workplace and have the potential to be a source of problems in achieving work targets.

Reviewing previous research that has been presented, it can be seen that the problem of dual roles faced by women, between prioritizing career matters and household matters, can be studied from various points of view. Therefore, this research was conducted to examine the dual problems of women with differences that lie in the realm of communication, as the impact of women's adaptation to the environment and role situations they are in, which then stimulates

them to balance their roles. This article focuses on the self-concept of women who play dual roles in career and household, by looking at their interpretation of the role situations they face as housewives and career needs.

2. Method

This research utilizes a critical paradigm (Bungin, 2019; Moleong, 2019). The critical paradigm aims at social criticism, transformation, emancipation and social empowerment. The nature of the critical paradigm is always being suspicious and questioning the situation of social society (Kriyantono, 2019). Researchers used a qualitative approach with an exploratory nature. Data collection was carried out through in-depth interviews with 5 female informants who were considered successful in both career and household matters to explore the self-concept of women who have dual roles in career and household. These informants have different career fields including health, religion, military, politics, academics and entrepreneurship. The data analysis method was carried out through qualitative analysis using source triangulation techniques (Moleong, 2019).

3. Analysis and Results

3.1. Women's Self-Concept in Career

A career woman means a woman who has a job and is financially independent, whether working for someone else or having her own business. She is synonymous with smart women and modern women. There are several reasons why women enter the career world, including educational, economic factors, and social factors/developing talents. Along with changes in society's perspective on the role and position of women in society (Afriyani, 2021; Muyasaroh, 2021).

The term "career" in terms of language is a term that does not only include participation in the workforce but rather a liking or interest in paid work for a long time, or at least a desire for progress and improvement over a certain period of time. In addition, career women can be interpreted as a series of work choices and activities that show what a person does to make a living (Ananda et al., 2021; Chauhan et al., 2022; Khan & Khan, 2022). Women have proven that they are capable of carrying out their duties well and being successful in their careers. Women are part of society who have considerable potential to participate in advancing society in achieving a prosperous and prosperous life. Therefore, in various aspects of life, women's participation is highly expected.

Women have the right to achieve success, even if a husband is able to provide for them, but if you have a career or work then you have the right to achieve success. However, even though women are successful in their work or careers, women should still obey their husbands, have time to accompany their husbands to chat, exchange ideas and continue to be good mothers for their children, accompanying them to study, play and so on, because every sweat a woman sheds is worship. There is nothing wrong with a mother working outside the home, what is wrong is when she cannot divide her time between work and family time. Especially if it is connected to today's era where everything requires women's participation in all aspects of life (Bhalotra et al., 2022).

3.2. Women's Self-Concept in the Family

Women are naturally extraordinary figures whose role is very important for the family. Family is a kinship bond between individuals who are related by blood and marriage, as a synonym for "household" in this meaning, kinship ties are very important, but what is emphasized is unity and economics. Women's roles in the family are divided into three, namely: as wife, mother and child. All of these roles require duties and responsibilities according to their role, which role is their privilege (Kang & Jang, 2020).

The role of women as mothers, The first time a human being comes into contact with a woman, he comes into contact with his mother, a woman who took great pains to conceive, give birth, breastfeed, and take care of him, educate him, and fulfill his needs. Mother is a figure that

cannot be eliminated in a family. The active role of parents is a direct effort to provide socialization to children and the environment. Home is the first environment a child encounters. The family is the first place where children are born and is the place where children learn in life. The family is the first and most important center of education. The position of women in the family and society needs to be maintained and improved so that they can make the greatest contribution to national development by paying attention to their nature and dignity (Reflianto & Wandu, 2019).

The role of women as wives, Women as wives have a very important role. A wise wife can maintain her household as the safest and most enjoyable place for her husband. As a wife, women play a role in serving their husband, fulfilling their obligations towards their husband. Apart from that, a wife also always supports her husband in his work, encouraging enthusiasm for his husband's success in various things and praying for him. Behind a great man (husband) there is a great woman (wife) too.

The Role of Women as Children, A girl has an equal position with a boy. Parents should provide them with as wide an education as possible, and not impose their wishes.

Education is an essential teaching and a duty of human service that must be carried out with full responsibility. The aim of education must be directed at developing all of a person's potential towards perfect development, namely physical, intellectual and moral development. The aim of education must be directed at efforts to prepare a person to be able to live in society together by carrying out the work or skills they choose according to their talents, readiness, tendencies and potential (Najih, 2017). Many career women work not because they are motivated by economic factors alone, because their husbands earn more than enough and have a stable job, but more because they are driven by the desire to practice at university. This is because the structure of women's patterns changes as quickly as changes and developments in science and technology, both in terms of appearance and activities. The spirit of women's emancipation must have a balanced place amidst the hustle and bustle of Indonesian civilization. The large contribution of women is a logical consequence of educational outcomes. In other words, as more women receive education, women become more capable and able to master the field (employment) and quite a few of them also pursue it as a profession or career, thus ultimately making them economically independent. Some argue that education is the main capital for seizing job opportunities, and education is correlated with income because education can increase incentives.

Planning based on analysis of economic conditions will give rise to decisions as to whether the family is able to meet its own needs or whether it must involve external parties. A good household can fulfill its own needs as far as possible, even if necessary, it is able to intervene for the benefit of other people outside the household. So that families can meet their needs, it is necessary to explore various economic potentials that have an impact on the welfare of the household. In the course of a family, sometimes the husband is in a position where he cannot meet the family's needs, this is the reason why women participate in helping their husbands to earn a living or earn a lot of income. In Islam, it is also a good value if women participate in helping men to help ease the economic burden. If in the family the husband cannot meet the family's needs, then based on the recommendation of mutual help between men and women and vice versa, it is good to have other options except to join in looking for work outside the home (Irwan & Nur, 2021; N. Soleman, 2021; Utari, 2020; Zheng et al., 2020).

The demands of the times have caused women to leave the family to work increasingly prominent. Often it is not just to meet living needs that women have to work, but it is also driven by other factors such as to improve social status. Every human being, including mothers, has a need to establish social relationships with other people. By working, a woman can also fulfill the need for togetherness and to be part of a community. In any case, socialization is important for everyone to have broad insight and ways of thinking to increase the ability to empathize and social sensitivity, and most importantly to be able to become a place for positive energy diversion, from various problems that cause pressure or stress, regardless of the problems they are experiencing. with husband, children and at work. By briefly meeting with

colleagues, they can share with each other, share feelings, views and solutions (Haekal & Fitri, 2020; Handayani, 2020; Wibowo, 2012).

Apart from economic factors, the existence of career women is also motivated by the need for self-actualization, the desire to practice and utilize the knowledge they have gained over the years in higher education. A woman who works (careers) can express herself in a creative and productive way, especially This achievement received positive feedback. Women try to find their meaning and identity and this achievement brings self-confidence and happiness (Lailiyah, 2015; Qudsiah & Gustiawati, 2017).

4. Conclusion

Women are a part of society that has considerable potential for development. Career women generally have a self-concept as smart women and modern women. Career women try to prove that they are capable of carrying out their duties well and being successful in their careers. Meanwhile, the self-concept of women in the family, whether in the role of wife, mother and child, refers more to the nature of women which must be lived according to the demands of different duties and responsibilities and in balance with each other.

This research gives the impression that both career women and women who play a full role in the household have self-concepts that are interrelated with each other, which can basically complement each other to form Resilient Women. By knowing the self-concept of women with dual roles, in the household and career, it is hoped that this research can provide a reference for further research to examine the importance of maintaining the health and psychological balance of women who have dual roles.

Acknowledgments

Thank you to all parties involved in writing this article.

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